



Life enrichment for the mind and body.
A full calendar of activities.

Now that's senior living.

All of our Senior Living communities

offer unique programming and activities. The calendar is carefully planned to ensure each resident has an opportunity to participate in a variety of meaningful activities.

SAMPLE ACTIVITIES

- **Movie Matinee:**
The latest releases from Hollywood
- **Gardening:**
Get your hands dirty in our resident garden
- **Yoga:** Limber Up
- **Foot Care:** Feel twenty years younger
- **Zumba:** Work it
- **Group Exercise:** Work it more
- **Scrapbooking:**
Return down Memory Lane
- **Sunday Tea:**
With or without crumpets
- **Resident Cocktail Party:**
TGIWednesday
- **Spanish Language Class:**
Es muy bueno
- **Music:** From choirs to keyboards
- **Root Beer Social:**
Guest starring... ice cream
- **Line Dancing:**
Bring out your inner cowboy
- **Boxing:**
On the Nintendo Wii, of course!

Contact us today to schedule a tour.

206.842.2500

BainbridgeSeniorLiving.com



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