

# MADRONA HOUSE ASSISTED LIVING—AUGUST 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Birthdays: Mary Fujioka— 8/1 Ada Lou Wheeler— 8/4 Ruth Wiley— 8/8 Barb Bullock—8/13 Judy Bell— 8/22 Mary Goodman— 8/30</p>		<p>1 11am Coffee Hour (LE) 2pm Snacktivity and Story Hour (LE) 3pm PB&amp;J Fitness (LE)</p>	<p>2 10am Glamour Club (MC) 2:30pm Yoga with Sue (4E Baker) 6pm Movie Night w/Popcorn (LE)</p>	<p>3 10:15AM IVC Music Club(Lobby) 1:30pm WA Old Time Fiddlers 1:30pm (Lobby) 1-3pm Rite Aid Shop</p>	<p>4 10:30am Hymn Sing-Along (3E Baker) 2pm Snacktivity &amp; Story Hour (LE) 3pm Guitar with Brianna (Lobby)</p>	<p>5 1-4pm Shopping Outing—See Sign UP 4pm Scrabble (LE)</p>
<p>11am Nail Care with Debbie 6 1:30pm Sing Along with Trish (Lobby) 3pm Sweet Tooth Sunday 4pm Crosswords (LE)</p>	<p>7 1pm Yoga with Sue (Fitness Center) 3:30pm Creative Creations with Debbie <b>OUTING: "My Captivity in Vietnam—Col. William Reeder's story" (dinner+ speaker)</b></p>	<p>8 11am Coffee Hour (LE) 2pm Snacktivity and Story Hour (LE) 3pm PB&amp;J Fitness (LE) <b>4pm Support Group</b> (Life Enrichment Center –1st)</p>	<p>9 10am Glamour Club (MC) 1:30pm Devotions with Dan (Lobby) 3pm PB&amp;J (LE) 6pm Movie Night w/Popcorn (LE) <u>Ongoing Hair Appointments</u></p>	<p>10 11am Coffee Hour <b>1-3pm Rite Aid Shopping</b> 4pm Crafts with Trish</p>	<p>11 11am Coffee Hour (LE) 3pm Concert with Joe (Lobby)</p>	<p>12 11am Crafts with Debbie (LE) 2pm Movie w/Popcorn (LE) <b>4pm Scrabble (LE)</b></p>
<p>13 1:30pm Sing Along with Trish (Lobby) 2:30pm Bible Study with Orysia (Lobby) 3pm Sweet Tooth Sunday 4pm Crosswords (LE)</p>	<p>14 1pm Yoga (Fitness Center) 2:30pm Art After 60 (LE) 6pm Night at the Movies (LE)</p>	<p>15 11am Coffee Hour (LE) 2pm Snacktivity &amp; Story Hour (LE) 3pm PB&amp;J Fitness (LE) <b>4pm Resident Council</b></p>	<p>16 10am Glamour Club (MC) 3pm PB&amp;J—Posture, Balance and Joy (Fitness Center) 6pm Movie Night w/Popcorn (LE) <u>Ongoing Hair Appointments</u></p>	<p>17 11am Coffee Hour (LE) <b>1-3pm Rite Aid Shopping</b> 4pm Crafts with Trish (LE)</p>	<p>18 10:30am Hymn Sing-Along (3E Baker) 2:30pm Concert with Gerald (Lobby)</p>	<p>19 11am Crafts with Debbie (LE) 2pm Movie w/Popcorn (LE) <b>4pm Scrabble (LE)</b></p>
<p>20 11am Nail Care with Debbie 1:30pm Sing Along with Trish (Lobby) 2:30pm Bible Study with Orysia (Lobby) 3pm Sweet Tooth Sunday 4pm Crosswords (LE)</p>	<p>21 3:30pm Creative Creations with Debbie (LE) 6pm Night at the Movies (LE)</p>	<p>22 11am Coffee Hour (LE) 2pm Snacktivity and Story Hour (LE) 3pm PB&amp;J Fitness (LE)</p>	<p>23 10am Glamour Club (MC) 2pm Yoga with Sue (FC) 3pm Music with Brett (Lobby) <b>7pm OUTING: Beau String Quintet (Seattle Symphony)</b> <u>Ongoing Hair Appointments</u></p>	<p>24 11am Coffee Hour <b>1-3pm Rite Aid Shopping</b> 4pm Crafts with Trish (LE)</p>	<p>25 10:30am Hymn Sing-Along (Memory Care) 2pm Snacktivity &amp; Story Hour (LE) 3:30-5pm Resident Choice Games (LE)</p>	<p>26 11am Crafts with Debbie (LE) 2pm Movie w/Popcorn (LE) <b>4pm Scrabble (LE)</b></p>
<p>27 11am Nail Care with Debbie 1:30pm Sing Along with Trish (Lobby) 2:30pm Bible Study with Orysia (Lobby) 3pm Sweet Tooth Sunday 4pm Crosswords (LE)</p>	<p>28 1pm Yoga with Sue (Fitness Center) 3:30pm Creative Creations with Debbie (LE) 6pm Night at the Movies (LE)</p>	<p>29 11am Coffee Hour (LE) 2pm Snacktivity and Story Hour (LE) 3pm PB&amp;J Fitness (LE)</p>	<p>30 10am Glamour Club (MC) 2:30pm-4:30pm <b>OUTING: "Women in Photography" Exhibit at BIMA—See Sign Up Binder</b> 6pm Movie Night w Popcorn (LE) <u>Ongoing Hair Appointments</u></p>	<p>31 10am-12pm <b>AUGUST Birthday Celebration (LE)</b> <b>1-3pm Rite Aid Shopping</b> 4pm Crafts with Trish (LE)</p>		