

FOOD THAT MAKES YOUR MOUTH WATER

And your heart smile.

There's a lot of love that goes into the menus we create at Bainbridge Senior Living. Beginning with the delicious fact that everything is prepared from scratch. From the blueberry cobbler to the Belgian waffles, our chefs work with only the freshest ingredients, from the most local sources. The end result: three meals a day that rate high in nutrition, and off the charts in flavor.

Our chefs also specialize in getting creative with special diet menus. Vegetarian, gluten intolerant, diabetic, whatever the need, you'll sit down to a meal that is completely healthy. And completely delectable.



bainbridge senior living

bainbridgeseniorliving.com ☎ 206.842.2500



A SAMPLE MENU OF DELICIOUSNESS

All day snacks

- Fruit, vegetables, muffins, oatmeal cookies, fresh fruit smoothies

Breakfast

- Belgian waffles with strawberries and whipped cream
- Eggs your way, bacon and seasonal fruit

Lunch

- Meatloaf sandwich with three bean salad and watermelon
- Smoked salmon Caesar salad

Dinner

- Grilled salmon, garlic mashed potatoes and fresh asparagus
- Bacon wrapped chicken breast served over wilted baby spinach served with a side of risotto
- Side salads and dinner rolls are always available

Dessert

- Blueberry cobbler, homemade coconut cream pie, tiramisu, pecan pie a la mode

Our menus are nutritionist reviewed

